








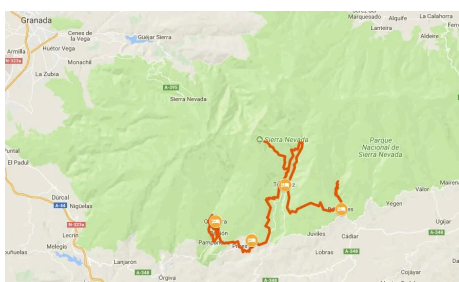
MOUNTAIN WALKING

type :	Self-Guided Hiking Tours
level :	    
duration :	8 days
period:	Jan Feb Mar Apr May Jun Aug Sep Oct Nov Dec
code:	ESSWS15

Alpujarras: Wild Andalusia - Spain

Alpujarras: Wild Andalusia

8 days, price from € 650



On the south-western slopes of the Sierra Nevada, a mountainous area called the **Alpujarras** still recalls its Moorish origins.

The charm of this Arabic legacy remains, here at the perfect elevation for a true alpine experience.

At the foot of the **Sierra Nevada**, all sorts of Mediterranean crops thrive: olive orchards, orange and lemon groves, almonds, figs and grapes, against a backdrop of snowy peaks.

Dramatic views from enchanting white-washed villages, where terraced fields and authentic irrigation channels survive, remnants of an era gone by.

Route

Day 1 Arrival in Capileira

Arrival in **Capileira**, situated at an elevation of 1436m. This, the main village of the Alpujarras, still displays its charming history as a former **Moorish settlement**: white-washed houses clinging to the hillside, tiny squares with fountains, and a mysterious network of steep, narrow lanes.

Day 2 Through Río Poqueira Valley, 7 km/9 km

Circular walk in the **Río Poqueira Valley**, from Capileira via Bubion to Pampaneira, passing ancient threshing circles as you walk among fields. Some steep ascents and descents.

Distance: 7 or 9 Km

Ascent/Descent: +560/-560 m

Day 3 From Capileira to Mecina Fondales, 8 km

Today you Follow old paths that connect the Poqueira valley with the **small villages** of the lower Alpujarras. Walking from one white-washed village to the next enjoying the varied scenery. **Landscape changes gradually** from an **ancient Mediterranean holm oak forest**, then pine tree plantations and finally irrigated fields approaching the "Taha" de Pitres, an ancient water council centre which dates back to Moorish times.

Distance: 8 Km

Ascent/Descent: +200/-520 m

Day 4 Circular walks from Mecina, 12 km

South of Mecina, the Trevélez River has carved **a deep gorge** in the landscape, which you will cross twice today if you opt for the long circular walk. First you descend 200 m to **a medieval bridge** spanning the gorge, then climb 400 m up to a wooded plateau where the remote cortijo de Panjulia is located. Then you descend via an old main footpath (the so-called escarihuelas) back into the gorge and walk back to the hotel via the village of Ferreírola.

Distance: 12 Km

Ascent/Descent: +850/-850 m

Day 5 From Mecina to Trevélez, 18 km/12 km

A pleasant route through a **shady wood** along narrow paths. The last section with sweeping views. In clear weather, **the African continent is visible** from the highest point, **El Portichuelo**.

Distance: 18 or 12 Km

Ascent/Descent: +1200/-580 m

Day 6 Choice of walks from Trevélez, 14 km/17 km/18 km

3 walks to choose from, including a spectacular longer walk high into the **Sierra Nevada**, a circular route in the beautiful area around **Trevélez** and a shorter walk along the **Camino de Granada**.

Distance: 14, 17 or 18 Km

Ascent/Descent: +1400/-1400 m

Day 7 Ascent to El Portichuelo, 16 km

Optional walk today in the Río Grande Valley north of Bérchules, following an **irrigation channel or "acequia"** past the ruins of a 13th century Moorish silk-washing house. This afternoon you catch an afternoon bus to Granada.

Distance: 16 Km

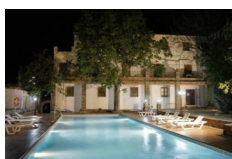
Ascent/Descent: +620/-880 m

Day 8 Goodbye Alpujarras / or Acequia walk in Río Grande Valley, 9,5 km

Last day is included. Service ends after breakfast.

Accommodation

6 nights in hotel on a half-board basis



Hotel Poqueira - Capileira
www.hotelespoqueira.com



Hotel de Mecina Fondales - Mecina Fondales
<http://hoteldemecina.com/>



La Fragua - Trevélez
hotellafragua.com



Hotel Los Berchules - Berchules
www.hotelberchules.com

Practical info



Flying to Málaga airport (AGP)

Direct bus from Málaga Airport(AGP) to Granada: There are a few direct bus services from Málaga Airport to Granada. Check timetables at www.alsa.es.

Málaga airport – Málaga (city centre) – Granada: You take a bus, train or taxi from Málaga airport to Málaga (city centre). From there, you get a bus to Granada. Travel time is 2hrs.

By bus from Granada to Capileira: ALSA offers 3 services a day. Travel time 2h30min.

Note: the bus station in Granada is located on the outskirts of town, so plan your travel time accordingly!

Flying to Granada airport (GRX)

Bus or taxi from Granada airport(GRX) to Granada (city centre).

By bus from Granada to Capileira.

If you are arriving in Granada late in the afternoon, you can take a bus to Orgiva and then get a taxi to Capileira. It's also possible to book an extra night in Granada.

Check timetables at www.alsa.es (Regional Bus Services) before departure for Spain. Summer schedules are often not made available until late spring. You can book your tickets in advance on-line through the ALSA website or through your agent, S-cape Travel.

Departure from Bérchules

From Bérchules, there are direct buses to Granada twice a day. The journey takes 3,5 hrs.

There is also a bus to Granada from Pitres, but you will first need a taxi to Pitres. Another option is to travel from Bérchules to Cadiar and then take a bus to Granada.

If you're *flying out of Granada airport (GRX)* you can use public transport to get from Granada city centre to the airport.

If you're *flying out of Málaga airport (AGP)* there direct services from Granada to Málaga airport (also via Málaga city centre). Travel time is about 2h15.



GPS tracks are available on request.

Included

What is included

- 7 Nights in double room in **/** hotels with breakfast
- 3 dinners
- luggage transportation from hotel to hotel on day 3, 5 and 7
- maps and detailed description of the itinerary
- Pilgrim Passport
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.