








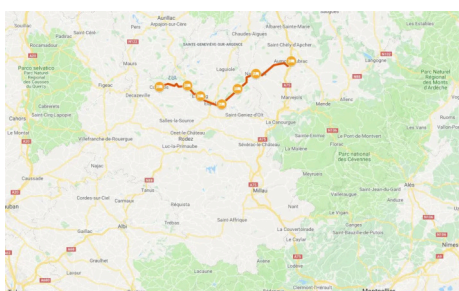
SUMMER SPRING & AUTUMN

type :	Self-Guided Hiking Tours Caminos Solo Holidays
level :	    
duration :	8 days
period:	Apr May Jun Jul Aug Sep Oct
code:	FRSW510

Camino de Santiago, Aumont Aubrac to Conque - France

Camino de Santiago, Aumont Aubrac to Conque

8 days, price from € 784



The journey begins on the **Aubrac plateau**, with its dormant volcanoes and lush green hills, and leads to **Conques**, among the most beautiful villages in France - a medieval hamlet surrounded by forests and mountains.

In between, you'll encounter the French countryside and the wonders of the pilgrimage route - the octagonal tower of **Nasbinals**, the Pilgrims' Bridge of Saint Chely, a UNESCO World Heritage Site, **Espalion** - reminiscent of Bruges - and the Saint Fleuret church in **Estaing**.

Route

Day 1 Arrive in Aumont-Aubrac

This village has always been an **essential step** on the way of Santiago. Originally, this medieval city was mostly walked by pilgrims from the East by the quiet paths before approaching the dark and isolated lands of the Aubrac region.

Day 2 From Aumont-Aubrac to Nasbinals, 26 km

Today you are in the heart of Aubrac, discover the landscape of the region, with its famous **cattle pastures** alternating **sleepy villages** and farms, before arriving at **Nasbinals** and its church from the 14th century. Here, numerous hiking trails, endless grazing which have often maintain their stone rim, which – back then – allowed the rotation of the pasturelands.

Distance: 26 km

Elevation gain: +360/-230 m

Day 3 From Nasbinals to Saint-Chely-d'Aubrac, 16 km

During this stage, you will go by the Aubrac formerly described as "a place of horror and vast solitude", and where the winter is among the most rigorous with its 1300 m of height. But the landscapes of **an unbelievable beauty** will present themselves to you. At lunch time, you can try the regional specialties at a buron or country inn, where local dishes are available such as the "**aligot**" (mashed potato with cheese and garlic), assorted cooked meats from the mountain.

Distance: 16 km

Elevation gain: +200/-550 m

Day 4 From Saint-Chely-d'Aubrac to St-Côme d'Olt or Espalion, 22 km

In the land of Olt, at the foot of the plateau of Aubrac, you will walk along the river Lot which possesses remarkable **gorges and meanders**. Here, a soft climate awaits for you, as evidence, the vineyard plantations. **Saint-Côme-d'Olt** and its **medieval village center** is listed among **the most beautiful villages of France**.

Distance: 22 km

Elevation gain: +330/-715 m

Day 5 From St-Côme d'Olt or Espalion to Estaing, 12 km

The trip continues and follow the stream of **the Lot river** to the lovely place of **Estaing**, a very picturesque medieval village with its old bridge, where stands **an impressive castle**.

Distance: 12 km

Elevation gain: +190/-190 m

Day 6 From Estaing to Golin hac, 14 km

Today, at the village of Golin hac you will leave the Lot Valley. Arrival in **Golin hac**, remarkable for its church, there is a stony cross with a small sculpted pilgrim erected on it.

Distance: 14 km

Elevation gain: +450/-120 m

Day 7 From Golin hac to Conques, 21 km

A weighty stage but **with a spectacular arrival!** Conques, of which the **abbey-church** and the pilgrims' bridge are listed **UNESCO World Heritage Site** since 1998. The abbey of Sainte-Foyde-Conques possesses the richest treasure of Middle-Age currently retained, with, notably, a golden reliquary statue from the 9th century...

Distance: 21 km

Elevation gain: +310/-660 m

Day 8 Au Revoir Conques!

Our services end after breakfast, unless you have decided to book any extra services.

Practical info



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

Included

What is included

- 7 Nights in double room in ** hotels , B&B and guesthouses with breakfast and dinner
- luggage transportation from hotel to hotel
- maps and detailed description of the itinerary
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.