


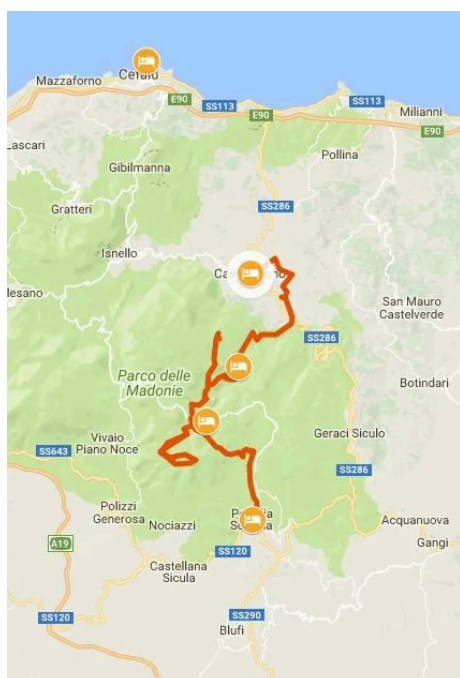
GASTRONOMY MOUNTAIN

type : Self-Guided Hiking Tours
 level : 
 duration : 7 days
 period: Apr May Jun Jul Sep Oct
 code: ITSW060

Madonie: the mountains of Sicily - Italy

Madonie: the mountains of Sicily

7 days, price from € 758



Not far from Mount Etna, Sicily rises beyond 2,000 meters with its highest mountains. **The Madonie Mountains represent an alternative side of Sicily, a rugged and earthy part of this region** adorned with perched villages and countryside. Here, they cultivate vegetable gardens and olive groves, **producing almonds, figs, and hazelnuts.**

You'll walk with frequent, **breathtaking views of central Sicily, Mount Etna, and the sea.** At the end of the journey, you descend to the Mediterranean scrubland and the **emerald sea of Cefalù, known for its Norman Cathedral and Byzantine mosaics.**

Day 1 Arrive in Petralia Sottana

Arrive in Sicily and breathe in the warm island breeze and aroma of the outstanding local flora. If pre-arranged with us, a private transfer takes you from airport to your accommodation in **Petralia Sottana**, in the south of the Monti Madonie. Enjoy your first dinner in a local restaurant of your choice trying the many flavors of the tasty regional cuisine.

Day 2 Loop walk around Petralia Sottana, 16 km

Today's walk It is a quite easy path through Petralia's hills from where it is possible to enjoy **superb landscapes over the southern side of Sicily**, including **Mt. Etna**. Some stretches of the route are on clayey terrain which can be challenging in case of rain. The elevation is fairly gradual; there is only one steep stretch. The walk can start in Portella Ferrone (wp17) with transfer organized by the accomodation; the walk is then shortened of 2 km and the steep stretch to wp14 is avoided.

Distance: 16 km

Elevation gain: +734/-713 m

Day 3 Pomieri loop via Monte San Salvatore, 15 km

A morning trasnfer will take you to the start of the walk in Pomieri. The walk starts off on a fairly steep and rough surface but it eases out as you reach the higher lands where views begin to unfold and you follow panoramic dirt roads and well-marked trails, making a loop around **the fascinating Vallone degli Angeli**.

From Vallone you can take a detour to Scalone from which you have a good view of Polizzi Generosa and valleys located tot he North of the Madonie Mountains. Monte Salvatore is one of the highest peaks of the Madonie Mountains, from the top there is a **spectacular 360° view of the central part of Sicily**. You can also admire the Sanctuary of Madonna dell'Alto, a regular destination for religious pilgrimages. Part of the route follows the long distance 'Sentiero Italia' where you can still find a few examples of the Nebrodi Fir tree, that once covered a vast section of the uplands. At the end of the walk a private transfer will take you back to the accommodation in Petralia Sottana.

Distance: 15 km

Elevation gain: +763/-754 m

Day 4 Rocca di Gonato, 13 km

A morning transfer will take you to Parco Avventure Madonie from where you will start your walk. Climb from Pomieri to the "Piano Battaglia" plateau (1.700 metres), a well-known area which name derives from a **battle** which took place here in the 11th century between the **Arabs** and **Normans**. Take a large circular tour around the picturesque Monte Ferro (1.900 metres) before walking down to a **one-of-a-kind agriturismo** (farm) where you will spend the night.

Distance: 13 km

Elevation gain: +600/-450 m

Day 5 From Gonato to Castelbuono, 13 km

Bid adieu to the lovely Madonie Mountains an descend to the hills around **Castelbuono**. A short and easy descent brings you to Agriturismo Bergi. Here you can spend the afternoon relaxing into the village of Castelbuono. Do not miss a visit to the nearby medieval village of Castebuono. Stroll along ancient narrow streets and squares for a true taste of small-town Sicily.

Distance: 13 km

Elevation gain: +206/-635 m

Day 6 Cefalù loop walk, 3 km

After breakfast, a short transfer takes you to the bus stop in Castelbuono where you board the bus with your luggage to **Cefalù**. Check in at your hotel and explore the town's breathtaking **Norman Cathedral** and awe-inspiring **Byzantine mosaics**. Climb the ancient fortifications of the Rocca or go for a refreshing swim on the long sandy beach in front of the hotel. To end this fabulous walking trip celebrate with a delicious dinner in one of Cefalù's many fine fish restaurants.

Distance: 3 km

Elevation gain: +207/-203 m

Day 7 Arrivederci Cefalù!

The trip and services end after breakfast. From Cefalù you depart by train to reach Palermo or Catania Airports.

Accommodation

6 Nights in double room in **/** hotels , B&B and agriturismo with breakfast



Hotel Il Castello - Petralia Sottana

Hotel Il Castello is housed in ancient Norman Castle dated back to 1062. It offers well-furnished rooms with free Wifi, satellite TV, private bathroom and rustic style. Staff is courteous and helpful. Highly recommended the restaurant. Buffet breakfast with homemade products.

www.il-castello.net



Masseria Rocca di Gonato - Castelbuono

The Masseria Rocca di Gonato is a rural tourism located in the Regional Park of Madonie. Rooms are well-finished, comfortable and essential with private bathroom. Cuisine is good and proposes dishes with local products. Italian breakfast with homemade cakes.

roccadigonato.it



Agriturismo Bergi - Castelbuono

Agriturismo Bergi is a part of the Farm Azienda Agricola Bergi that produces and commercializes quality biological products by Sicily from years. Rooms are well-finished, elegant and welcoming with private bathroom, air conditioning/heating and TV. The cuisine offers typical dishes from Sicily and the buffet breakfast is both savoury and sweet.

www.agriturismobergi.com



Hotel Riva del Sole - Cefalù

Hotel Riva del Sole is located along the seafront of Cefalù and it offers a panoramic terrace overlooking the sea. Hotel offers spacious rooms, clean and well-finished with free Wifi, TV, private bathroom. International breakfast is rich and various of sweet and savoury products.

www.rivadelsole.com

Practical info



From the airport PMO, you first need to reach Palermo train station by bus. From Palermo bus station (located in front of the train station), busses run directly to Petralia Sottana. Check times and prices on www.saistrasporti.it.

From Catania airport (CTA), you can reach the train station by bus. Once there, take a train to Palermo, and then a bus to Petralia Sottana.

On departure from Cefalù, take a train to Palermo Centrale and then a bus connection to Palermo Punta Raisi airport (PMO). Click [here](#) for further info.

If flying from Catania (CTA), take a train from Cefalù to Catania Centrale (with change in either Messina or Palermo), and then a bus to the airport.

Train timetables available on www.trenitalia.com.



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

Included

What is included

- 6 Nights in double room in **/** hotels , B&B and agriturismo with breakfast
- 2 dinners (Castelbuono)
- 1 packed lunch
- transfers as described in the day by day program
- luggage transportation from hotel to hotel
- maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel