







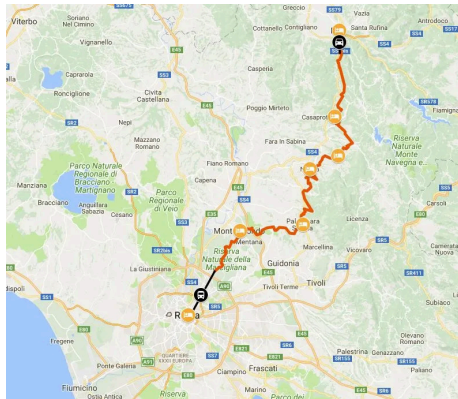
SUMMER SPRING & AUTUMN

type :	Self-Guided Hiking Tours
level :	   
duration :	8 days
period:	Apr May Jun Jul Aug Sep Oct
code:	ITSW370

St. Francis Way: Stage 6, Rieti to Rome - Italy

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8 days, price from € 1005



This is the final part of the **Path of Francis**, leading to **Rome**, the eternal city and destination of all pilgrimages in Italy, where **Francis asked the Pope for recognition of his order**: the thrill of arriving at the most coveted destination makes this journey a little more special.

A journey through **beautiful countryside, well-preserved nature** - we are taking you to **Sabina**, a little-known part of Lazio hiding a wild, ancient charm. Each day, this walk becomes more and more charming as it passes through enchanted **villages, castles, oak woods, sanctuaries, green hills, and dense forests**.

In this region, you eat excellent bread seasoned with a special oil that is only available here, and other products that are surprising for how good and simple they are - just like the place they come from.

Route

Day 1 Arrive in Rieti

Arrive in Rieti, considered by Romans "the geographical centre of Italy": St. Francis sojourned more than once in the valley surrounding this historical town, which is for this reason also known as "Valle Santa", meaning "Holy Valley".

Day 2 Transfer to Maglianello Basso and walk to Poggio San Lorenzo, 18 km

A short transfer takes you to Maglianello Basso, the starting point of this walk: you then continue among rows of linden trees, fields and streams along the ancient Via Salaria, which used to connect Rome to the Adriatic Sea. On your way, a Roman Bridge of the IV century BC. The destination is the nice village of Poggio San Lorenzo.

Distance: 18 km

Altitude difference: +459 / -360 m

Day 3 From Poggio San Lorenzo to Poggio Moiano, 10 km

Today you walk from the hamlet of Poggio San Lorenzo to Poggio Moiano: along the way you can see other traces of the rich historical past of this region, including a Roman Amphitheatre and the Sanctuary of Santa Vittoria. Your destination for today is an Agriturismo in the village of Poggio Moiano.

Distance: 10 km

Altitude difference: +470 / -468 m

Day 4 From Scandriglia to Nerola, 14 km

Today you walk on secondary roads and dirt paths, among olive groves and forests of oaks. Your destination is the town of Nerola, guarded by an imposing 10th century castle

Distance: 14 km

Altitude difference: +431/ -515 m

Day 5 From Nerola to Palombara Sabina, 19 km

Another great panoramic stage, taking you from the hamlet of Nerola to Palombara Sabina, with great views on the hills of Sabina. A little detour takes you to the village of Moricone, with another interesting castle, built with defensive purpose.

Distance: 19 km

Altitude difference: +775 / -845 m

Day 6 From Palombara Sabina to Monterotondo, 18 km

This walk takes you to Monterotondo, a city with an important historical heritage: the city is located on a hill, dominating the river Tevere valley and surrounded by vineyards that produce great wines. The itinerary is quite long but beautiful, immersed in the rich nature of the Sabina area.

Distance: 18 km

Altitude difference: +375/ -578 m

Day 7 From Monterotondo to Cesarina and bus/subway to Rome, 12,5 km

A short and nice walk on asphalted road, taking you from Monterotondo to Cesarina, where you can take a bus to the subway station that takes you to Rome: the eternal city, goal of generations of pilgrims throughout the centuries.

Distance: 12,5 km

Altitude difference: +251 / -317 m

Day 8 Arrivederci Roma!

Our services end after breakfast, unless you booked an extra night.

Arrivederci! and have a safe trip back home

Practical info



On arrival, you can reach Rieti by train from Rome, via Terni.

On departure, you can leave from Rome.

Included

What is included

- 7 Nights in double room in **/** hotels , B&B and agriturismo with breakfast
- luggage transportation from hotel to hotel (max 1 item per person)
- transfer Rieti-Maglianella Basso on Day 2
- maps and detailed description of the itinerary in digital form, app
- Pilgrim Passport
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request
- Official camino guidebook, shipped to the first hotel
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel