








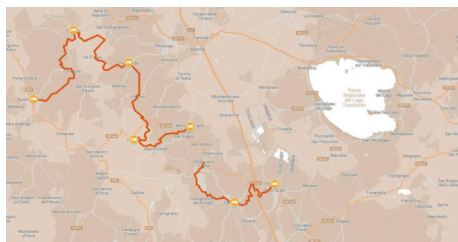
#### SUMMER GASTRONOMY

type :	Self-Guided Hiking Tours
level :	    
duration :	8 days
period:	Apr May Jun Jul Aug Sep Oct
code:	ITSW560

## Etruscan Way, Buonconvento to Chiusi - Italy

### Etruscan Way, Buonconvento to Chiusi

8 days, price from € 903



A Journey in Tuscany, **Through the Lands of the Etruscans**: This is a voyage along the footsteps of this enigmatic civilization, pursuing the **quintessential Tuscan beauty** – the rolling hills of the **Sieneese countryside**, the ideal city of **Pienza**, Montepulciano and its wineries, **Sarteano with its Etruscan museum**, and **Chiusi**, home to the underground city, a masterpiece of ancient ingenuity.

Legend has it that **a legendary king once lived here**, buried somewhere in a sarcophagus surrounded by 5000 golden chicks...

## Route

### Day 1 Arrive in Buonconvento

Arrive in Buonconvento and check-in at the hotel. If you arrive early, enjoy a visit to the hamlet. History comes alive as you wander through the narrow streets of this fantastically preserved jewel of Italy. Buonconvento is now an important rural centre; thanks to its particular and strategic position, where the rivers Arbia and Ombrone join together, along the Via Francigena. It has a very ancient past. It is still enclosed inside the 14th century city walls, it still preserves the monumental north gate and the rectangular plan of that period and now houses an interesting museum of religious art.

## Day 2 From Buonconvento to Asciano, 22 km

Today you start your walk through the core of 'Crete Senesi', well known for its typical rolling hills. You walk along country paths and gravel tracks enjoying fascinating views over the entire area. You pass through the picturesque village of Chiusure and you can visit the famous Monte Oliveto Maggiore (Abbey). The abbey was founded in 1319 by three Senese noblemen, Bernardo Giovanni Tolomei, Patrizio Patrizi and Ambrogio Piccolomini, who decided to give up their wealth and privileges in favour of living according to the rule of St Benedict. The walk ends in the quiet town of Asciano.

*Distance:* 22 km

*Elevation gain:* +909/-866 m

## Day 3 From Asciano to Trequanda, 20,5 km

Today you continue walking through the lunar landscape of the 'Crete Senesi', typical rolling hills all the way along country paths and gravel tracks enjoying fascinating views over the entire area. Along the walk you reach elegant villas and ancient country houses.

*Distance:* 20,5 km

*Elevation gain:* +672/-426 m

## Day 4 From Trequanda to Pienza, 20 km

Today's walk it is one of the most iconic along gravel roads and country paths. We suggest a short detour to visit the medieval village of Petroio, the picturesque cone-shaped medieval village, perched on a hill (487 m), spiralling around a single steep street, with the remains of the old walls, ancient houses, palaces and churches, and the steps that climb up to the top of the tower and keep, retains the warm blond colour of the sandstone from which it was almost entirely built. Its origin is Etruscan, as evidenced by its name, which derives from the Etruscan and the archaeological finds discovered in the vicinity. Your destination of the day is Pienza from where you have great views of the entire Val d'Orcia.

*Distance:* 20 km

*Elevation gain:* +579/-540 m

## Day 5 From Pienza to Montepulciano, 13 km

Pienza is a UNESCO World Heritage site with unique Renaissance architecture. The town is well known for its delicious pecorino cheese and truffles; this is a great spot to indulge in Tuscan treats! Today's walk is gentle and very panoramic from Val d'Orcia valley to Val di Chiana. You walk mostly along Gravel tracks. It is suggested to take a short detour to reach the breathtaking hamlet of Monticchiello before continuing to Montepulciano, where you can relax enjoying a famous red wine!

*Distance:* 13 km

*Elevation gain:* +595/-490 m

## Day 6 Bus to Chianciano Terme, walk to Sarteano, 13 km

In the morning a short bus ride will take you to the start of the walk in Chianciano Terme. The walk is quite easy and flat, running mostly through woods with some overlooking point of Val d'Orcia and Val di Chiana. The destination of the day is the Etruscan town of Sarteano, where it is strongly recommended to visit the Etruscan Museum!

*Distance:* 13 km

*Elevation gain:* +600/-567 m

## Day 7 From Sarteano to Chiusi, 14 km

Today you will walk through the hills and plains of Val di Chiana along gravel roads and country paths. We suggest you to do a short detour to visit the impressive Necropoli delle Pianacce. It's strongly recommended to visit the Etruscan museum in Chiusi! This small, quiet town on the southern edge of Tuscany was once one of the most important cities of the Etruscan Empire in the period between the 7th and 5th centuries BC. The city that stretches before our eyes today is an enchanting harmony of Etruscan ingenuity, Roman skill and medieval battles.

*Distance:* 14 km

*Elevation gain:* +236/-401 m

## Day 8 Departure from Chiusi

Our services end after breakfast, unless you have booked another service with us.

## Practical info

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On arrival, take a train to Buonconvento, from Siena.

On departure, take a bus to reach Chiusi-Chianciano terme train station.



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

## Included

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### What is included

- 7 Nights in double room in \*\*/\*\* hotels , B&B and agriturismo with breakfast
- luggage transportation from hotel to hotel (max 1 item per person)
- maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

### What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

### Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel