






NEW GASTRONOMY

type :	Self-Guided Hiking Tours
level :	    
duration :	7 days
period:	Apr May Jun Jul Aug Sep Oct Nov
code:	FRSW260

Provence: Castles and Abbeys - France

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7 days, price from € 1019



A journey to discover **Provence that you don't expect** - but also the Provence you've always imagined. On this journey, **steep cliffs alternate to trails lost among windmills, deep canyons to peaceful villages**, from 'bories' - the typical stone constructions, similar in use to Puglia's trulli - to **imposing abbeys surrounded by lavender fields**.

In **Fontaine-de-Vaucluse**, an underground river springs to the surface, creating a **charming fountain of green-blue water**; on the trails, you'll be accompanied by the sound of crickets in the countryside.

Route

Day 1 Arrival in the Vaucluse (optional 7,5 km)

Arrival at your first accommodation, just a few km from Lagnes – the capital of Provence. If you arrive early, you will have the option of doing a short circular walk to the village of Les Cabrières d'Avignon. To reach this tiny hamlet, you follow footpaths through a landscape carpeted with maquis shrubs, then pass Mur de la Peste on the way back to Lagnes. Enjoy dinner at the hotel.

Day 2 From Vacluse to La Roque via Fontaine-de-Vacluse, 11,5 km

Today you begin your circuit in the Vacluse with a 5-hour walk to the renowned Fontaine-de-Vacluse. While this is a busy spot for tourists, it is truly an extraordinary sight to see the river gushing out of the ground. Then it's on to your accommodation, with its quiet location where you will enjoy dinner on a peaceful evening in Provence.

Distance: 11,5 km

Elevation gain: +550/-325 m

Day 3 Circular walk through Le Venasque & Beaucet, 14 km

On today's walk, you will pass through the impressive village of Venasque. You will then continue on to the village of Le Beaucet, set against a steep rock face, before passing a deep gorge and strolling through tranquil landscapes. Passing by the odd house and vineyard, enjoy the aromas of Provence on your way back to your guesthouse. In the evening enjoy dinner at the hotel.

Distance: 14 km

Elevation gain: +400/-400 m

Day 4 Les Rochers Rouges, 11,5 km

Today you traverse quiet surroundings on your way up to Rochers Rouges. At the top, you'll enjoy panoramic views of the Dentelles de Montmirail, Mont Ventoux and the Rhone Valley. Then, through holm oak woods dotted with rocky outcroppings, you make your way down to the beautifully situated village of Senanque and its 11th century Abbey. After a visit to the Cistercian monks, and sampling their homemade products, you continue onward to the famous town of Gordes. Be ready for a magnificent view of the village from your hotel.

Distance: 11,5 km

Elevation gain: +400/-400 m

Day 5 Gorges de la Veroncle, 11,5 km

A wonderful walking route for today, from Gordes through the spectacular Gorges de la Veroncle with its steep, jagged cliffs. You walk all the way down to the bottom of the spectacular gorge then up again, passing several old mills along the way. Following quiet footpaths and country roads, you'll pass the Bois d'Audibert set just below Gordes. Finally, after a steep uphill section, you arrive back at the familiar Chateau de Gordes.

Distance: 11,5 km

Elevation gain: +350/-350 m

Day 6 Village des Bories, 11 km

From the lively town of Gordes, you continue walking across the silent Plateau de Vacluse with its many "bories", enjoying the mysterious ambience created by these curious round structures. Later in the day, you will visit a real "Village des Bories". Only the eternal singing of "cigales" will accompany you through the beautiful Gorges de la Senanque on your way to Mur de la Peste, with its long 18th-century wall built to protect the area from ships arriving in Marseille from the Middle East. Via Tête du Soldat, you descend to the village square with its church, sycamore trees and Bar Lagnes.

Distance: 11 km

Elevation gain: +210/-210 m

Day 7 End of program

Your walking trip comes to an end today after breakfast. Departure from the Vacluse.

Practical info



Arrival in Lagnes

BY PUBLIC TRANSPORT: From Marseille airport you take the train to Cavaillon (55 kilometres) For further details, go to: www.marseille-airport.com. A taxi transfer from Cavaillon to your accommodation in Lagnes is included in this holiday.

Departure from Lagnes

BY PUBLIC TRANSPORT; A taxi transfer from your accommodation in Lagnes to the station in Cavaillon is included in this holiday. Then take a train from Cavaillon to Marseille airport

Private taxi transfers can be arranged from/to Lagnes back to/from Marseille airport. Prices on request.



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

Included

What is included

- 6 Nights in double room in **/** hotels , B&B and agriturismo with breakfast
- 3 dinners
- luggage transportation from hotel to hotel
- maps and detailed description of the itinerary
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance